

THE ROYAL BRITISH
LEGION



About

The Royal British Legion



Lifelong support for our Armed Forces

We help members
of the Royal Navy,
British Army and
Royal Air Force,
Reservists, veterans
and their families all
year round.

We also campaign to
improve their lives,
organise the Poppy
Appeal and remember
the fallen.



How we help

The Royal British Legion is a national charity helping people in local communities. Find us online **www.britishlegion.org.uk** or call us on **0808 802 8080** for more information.

The Legion provides information, advice and guidance to help the Armed Forces community find and access the support they need.

Our local case officers provide general and crisis support. Regional specialist advisers help serving personnel and veterans seeking career and vocational advice and assist with War Pension Appeals and Armed Forces compensation claims. We also help people seeking money, benefits and debt advice; provide legal



Picture by Helen Murray

advice for inquests and help the carers of veterans (or their dependants) with dementia who are living at home.

The Legion runs specialist services helping those who are wounded, injured or sick through their recovery at The Battle Back Centre in Shropshire and Personnel Recovery Centres. We provide seaside holidays and family and children's Adventure holidays. We also provide targeted financial assistance; grants to external organisations who share our objectives; low level home repairs; and 24 hour residential, dementia and nursing care at our six Care Homes.



Support us

We help people every day of the year but we only raise about a third of the money we need to through the Poppy Appeal. We rely on the help of brilliant supporters who take part in fundraising activities and challenge events for us all year round. Businesses can also support the Legion, as can individuals who are kind enough to consider us in their will. For details of how to donate, take part in an event or support us visit **www.britishlegion.org.uk**. For gifts, clothing and merchandise all year round visit **www.poppysshop.org.uk**.



Get involved

Volunteers are the lifeblood of the Legion – we are always looking for people who can give practical assistance, time or support in their local communities. Whether it's collecting for the Poppy Appeal or offering direct help to the Armed Forces community in your area we need to hear from you. Visit **www.britishlegion.org.uk** for more information.



Campaigning

We often call on members of the public to add their voice to our campaigns to improve the lives of the Armed Forces community.

Get involved and help us make a difference by visiting **www.britishlegion.org.uk/campaigning**

The National Memorial Arboretum

The National Memorial Arboretum in Staffordshire is the nation's year round centre of Remembrance outside London. Part of the Legion family of charities, the 150-acre site is filled with trees, plants and memorials to people who died before their time. A poignant and inspiring place to visit all year round.

www.thenma.org.uk



National Memorial Arboretum

Visit **www.britishlegion.org.uk**, call us on **0808 802 8080** or pop into one of our high street advice centres, to find out more.

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Registered Charity Number: 219279





Join us

The Legion began because the Armed Forces community needed a voice. Today the Legion is a huge family represented by hundreds of thousands of members and volunteers and countless supporters all over the UK and overseas. All share the common cause of supporting our Service community, now and for the rest of their lives.

We welcome all supporters of the Service community, you don't need to have an Armed Forces background to become a member of the Legion. Visit **www.britishlegion.org.uk/membership** for more information.