

# Help To Get (or Stay) Online



Are you or someone you know is struggling to get or stay online during the Coronavirus lockdown?

- Can't afford a device, or don't know what to get, or where to get it?
- Problems with a device you already have?
- Don't know how to use it?
- Want to know how to use it to help you or your children through lockdown?
- Problems with your internet connection? Struggling to afford one, or running out of data?
- Problems with internet contracts

This service is here to help!

- Information and signposting for you or a family member to you a low cost/free tablets\* or other device
- Support with low cost connectivity and temporary connectivity options or advice/help with signal coverage or data allowance issues
- Advice and signposting on social media tools to stay in contact with family/friends
- Information on basic online safety
- How to look after your wellbeing online
- Signposting to online learning
- Help with career goals
- Signposting to other services

**Free support by phone, SMS and chat**

**For more information or to request a callback, contact  
James Lewis on 07919 552112 or [james.lewis@chsgroup.org.uk](mailto:james.lewis@chsgroup.org.uk)**

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