Welcome to Bristol Poppy Appeal, please follow us on

Bristol Poppy Appeal

@bristolpoppy

This edition is going to be focusing on some fantastic events we have coming up and volunteering - if you could spread the word about both to your friends, colleagues and contacts it would be really appreciated - Corporate rates for large numbers of guests and sponsorship opportunities for the Ball are available from Sue spotepa@britishlegion.org.uk

MOD ABBEY WOOD

Friday 28th July and Friday 11th August - we will have a stand at MoD Abbey Wood for Families Day - if you are attending please come and say hello!

13th ANNUAL CHARITY GOLF DAY - 15TH SEPTEMBER - SHIREHAMPTON PARK G.C.

Teams £160 for 4 players; includes Coffee and Bacon Butty on arrival, 18 holes of golf, 2 course meal and team and individual prizes. Tee times available between 10am and 2.30 pm, email Sue at spotepa@britishlegion.org.uk for more details

Sponsored by Guy Salmon Jaguar Land Rover Bristol

STRICTLY

BRISTOL POPPY BALL

Saturday 18th November

The Marriott City Centre Hotel

* SPARKLING RECEPTION ACCOMPANIED BY THE RAF ASSOCIATION CONCERT BAND ENSEMBLE
* 4 COURSE DINNER
* DANCING TO POP/ROCK BAND "SUPER VISION featuring CLIFF MOORE
* SUPERB GUEST SPEAKERS
* LIVE AUCTION AND RAFFLE

TICKETS £55 EACH VIA JON TAYOR 07773 913 738
OR VISIT www.bristolpoppyball.co.uk
OTHER DATES FOR YOUR DIARY

SOUTH GLOUCESTERSHIRE SHOW
Saturday/Sunday 5/6th August
Jackie will be on the Poppy Appeal stand

HARVEST HOME AUCTION
The Upton Inn, Upton Cheyney
Monday 11th September 7.30pm

PASSSECHENADE TO BRISTOL
Friday 22nd to Weds 27th September
CYCLE RIDE IN MEMORY OF ALL THOSE LOST DURING WORLD WAR 1

AVON VALLEY RAILWAY 1940'S WEEKEND
Saturday/Sunday 23/24th September
Graham will be on The Poppy Appeal Stand

END TO END CHARITY DRIVE
IN SUPPORT OF THE RBL POPPY APPEAL
6TH-8TH OCTOBER
See Facebook for more details:
RBL End2End Charity Drive 2017

THE 5TH BRISTOL POPPY DAY
THURSDAY 2ND NOVEMBER

200 Members of our Armed Forces will be collecting across the City of Bristol and surrounding Area for the Poppy Appeal with 8 hours of live music in Cabot Circus

Supported by:
Airbus - BAE - Barclays Bank - Brasserie Blanc - Bristol Airport - Bristol City Council - Bristol Sport -
Bristol Temple Meads - Bristol Bus Station - Bristol Parkway - Burgess Salmon - Cabot Circus - Coventry Building Society
Castlemead Civil Service SW - Clarke Willmot -
Computershare - Debenhams - Direct Line - Guy Salmon Bristol - GWR
Hargreaves Lansdown - Imperial Tobacco - Lloyds Bank - Marks and Spencer
MoD Abbey Wood - QBE - QinetiQ The Mall at Cribbs Causeway - Rolls Royce - RBS - WYG

IF YOU WOULD LIKE YOUR BUSINESS TO PARTICIPATE IN BRISTOL POPPY DAY - EITHER BY SUPPLYING STAFF TO HELP US OR BY HAVING MEMBERS OF THE ARMED FORCES VISIT YOUR PREMISES IN UNIFORM TO COLLECT FOR THE POPPY APPEAL PLEASE CONTACT spotepa@britishlegion.org.uk
Alternatively if you would like to sponsor a few drinks for our Armed Forces supporting the day after the event I’m sure that would be very well received!
WHY VOLUNTEER?

Jackie Robertson from Yate has been selling poppies for 17 years.

"I got involved in Poppy collecting with various youth groups and realised how much difference we could all make by doing our bit. 4 years ago the local Poppy Appeal Organiser resigned and I asked if I could take up the position as I felt that I could make a real difference and give something back to those who have given so much in the selfless act of service"

Hugh Harding, Merchant Navy Ret'd, Bishopsworth

"You feel that you are doing something good and helping people – that’s what we do and that’s what the poppy means. People fought in Afghanistan, Iraq, the Falklands and the world wars. They didn’t blink an eyelid; they just went. I’m sure that for a fortnight a year people can spare us a couple of hours. If people don’t help our support could go missing, but veterans from Iraq, Afghanistan, the Falklands and other conflicts will still be here and in need. We can’t let that happen"

Alex Kemp-Hall, Veteran RAF

"The Royal British Legion funded re-training courses for me and helped with household goods for my flat.

I volunteer because I want to give something back and maintain the Legion’s ability to help future Veterans"

Bob Sharples served in the RAF for 24 years

"I wanted to put something back to the service community that I left and I get satisfaction knowing I’m helping. The armed forces is like a fraternity and we have to support the youngsters coming through the services now"

Meda Sandu - "My husband is in the Marines and that’s how I got to understanding the needs of the forces. You devote your life to the forces and one event can put a stop to your career. I work in an office. What’s the worst that can happen there?

It’s a good feeling knowing what I am raising goes towards someone else’s rehabilitation. I don’t see it in terms of 'I raised this much money', I see it that I have contributed to someone’s wellbeing. I feel that I am somehow influencing and helping indirectly those people who make a huge sacrifice.

I spent time in the States where every charity is full of young people because you’re not going to get hired if you have no experience. It is a great opportunity. Everyone is a volunteer and they can be as involved as they want. They can build their CV really nicely if they put enough effort into it"

No matter what your reasons are for Volunteering for the Poppy Appeal .. please just do it

Come and join us, contact Sue spotepa@britishlegion.org.uk
Mass events

Poppy Run is back for 2017 and The Royal British Legion will be up and down the country over October and November 2017. These events are 5km runs, jogs or walks taking place in parks countrywide. All of our events are family friendly to provide another way for people to come together and remember those who have fallen and to support the future of the living. To sign up please visit [www.britishlegion.org.uk/fundraise](http://www.britishlegion.org.uk/fundraise)

For more information or to volunteer please email the Mass Events team on events@britishlegion.org.uk

28th Oct: Finsbury Park, London; Bute Park, Cardiff; Southsea Common, Portsmouth; Priory Park, Reigate

29th Oct: Abbey Meadows, Abingdon; Willen Lake, Milton Keynes; Southampton Common, Southampton; Sandford, Cheltenham Racecourse; Wythenshawe Park, Manchester

4th Nov: Sutton Park, Birmingham; Clapham Common, London; York Racecourse, York

5th Nov: Wollaton Park, Nottingham; Central Park, Chelmsford; Temple Newsam, Leeds

Great South Run

The fast and flat course of the world's leading 10 mile running event takes you through the iconic sights of Southsea and Portsmouth, including the Portsmouth Historic Dockyard, home of HMS Victory, past Spinnaker Tower, and finishes on the seafront with beautiful views of the Isle of Wight. If you would like to take part in the Great South Run and raise money for the Poppy Appeal, the entry fee is £20 with a minimum sponsorship level of £180 (or if you have your own place, there is no minimum fundraising target). To sign up/further info visit: [www.britishlegion.org.uk/get-involved/fundraise/running-events/great-south-run/](http://www.britishlegion.org.uk/get-involved/fundraise/running-events/great-south-run/)

Bournemouth Marathon Festival

Saturday 7th and Sunday 8th October 2017. Stunning sea views, fresh crisp clean air and the opportunity to raise funds for The Poppy Appeal while smashing your personal best, or just simply have a lovely day on the coast running or walking at your leisure! With eight races to choose from, there is something for all abilities.

The junior 1k, (age 3-6yrs) 1.5k (age 6-8yrs), 2k (9-12 yrs), 5k (11-18yrs), 5k (all ages – Supernova), supersonic 10k, plus a half marathon and full marathon!


Exmoor 30:30 Challenge

The challenge for the physically fit, involves carrying 30lbs of kit over either 30 miles or 30km of the inspiring and beautiful Exmoor, navigating across varied terrain. Starting and finishing at Memorial Hall, Exford, Somerset, TA24 7PP, the event begins early on Saturday 14 October 2017. The competition event is divided into 3 classes: Open, Wounded or Insider. Within each class prizes will be awarded according to course (30 Miles or 30 Km), gender (male, female, mixed) and age (junior, peak, senior). The entry fee is £50 per person (minimum sponsorship £250 per team member). Minimum team size 4 people. Further info / sign up visit: [www.britishlegion.org.uk/getinvolved/fundraise/adrenalineevents/exmoor-3030/](http://www.britishlegion.org.uk/getinvolved/fundraise/adrenalineevents/exmoor-3030/)

Legacy team

As a member of The National Free Wills Network, the Legion provides supporters and members the service to have a simple will written or updated free of charge. This service gives supporters and members the opportunity to provide for their family and friends and leave a gift to any chosen charities too, without worrying about the cost.

Once a supporter registers with the scheme we will put them in touch with 6 solicitors in their local area who will be ready to help and provide advice. There is no obligation to include a gift to The Royal British Legion in a will however we hope supporters do. Every gift, no matter the size, will help our vital welfare work supporting the whole Armed Forces family, to Live On.

To take up this opportunity, supporters simply need to email us at freewills@britishlegion.org.uk or call 020 3207 2253 with their name and address. Further information can also be found at [www.britishlegion.org.uk/freewills](http://www.britishlegion.org.uk/freewills)

To enter the raffle: Raffle office Tel: 0800 954 0256
Email: raffenquiries@britishlegion.org.uk
Website: [www.britishlegion.org.uk/raffle](http://www.britishlegion.org.uk/raffle)
Address: The Royal British Legion PO Box 1127, Maidenhead SL6 3LN