

TWO GREAT DAYS  
8 - 9<sup>TH</sup> AUGUST 2014

# CAVAN TASTES GREAT





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Lorraine Teevan Photography

# FOOD'S READY

Please note that all times are approximate.  
 The Taste of Cavan Committee reserves the right to vary the detail of the programme if necessary.  
 Parents are responsible for children - no alcohol served to any person under 18 years.

**ANY QUERIES CONTACT:**  
 taste@thisiscavan.ie or 087 6846578 / 087 7802049

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 #cavan





# WEL OUR



For more information  
visit: [www.thisiscavan.ie](http://www.thisiscavan.ie)



# COME TO FESTIVAL

## TASTE OF CAVAN

8-9<sup>TH</sup> August 2014

Food Marquee, Cavan Institute  
Cathedral Road, Cavan

**Admission €3**

**Child under 12 free**

At the Taste of Cavan, our work goes far beyond the reaches of our food festival. Throughout the year we work with people from the food and catering community, the arts, heritage and many more to develop new ideas and products that ensure an engaging, fun and of course tasty experience for everyone.

Our third year is a very special year as we commemorate the World War 1 Centenary throughout the summer with special events taking place from 4 - 10th August in County Cavan.

**100** COUNTY CAVAN  
WORLD WAR 1  
CENTENARY  
COMMEMORATION

## FOOD & FUN

There is something for every taste in County Cavan

### OVER 80 EXHIBITION STANDS

Food & Drink Exhibitors selling produce with tastings  
Craft Beer Area & Barbecue  
Chill Out Zone  
Build your own Bear Workshop\*  
Cake Decorating Workshop  
Music workshops  
World War 1 Exhibition

### DEMONSTRATIONS

World War 1 Re-Enactments  
Knights on Horseback  
Napoleonic Soldiers  
Fife Band & Cannon  
Archery and Sword Fighting  
*By Boyd Rankin from Irish Arms & Game of Thrones fame*

### AT THE KIDS ZONE

Con Smith Park, Cavan Town  
Kiddies Train Rides\*  
Bungee Trampoline\*  
Bubble Sports\*  
The Cube\*  
Climbing Wall  
Agri Aware Mobile Farm  
Cavan IFA Traditional Irish Farm on Saturday 9th August  
Face Painting  
Traditional Irish Music in the Park

\*charge applicable

### FREE PARKING

Over 500 spaces at Cavan Institute

### FREE SHUTTLE BUS

from Dunnes Stores/Tesco Carpark, Main St & Cavan Crystal Hotel

# FRIDAY 8TH AUGUST

Our passion for food runs deep

1pm - 9pm

## VENUE

Food Marquee, Cavan Institute,  
Cathedral Road, Cavan

1pm

## OPENING

MC's Mairead Lavery  
Irish Country Living Magazine  
& Brian McDermott  
No Salt Chef and RTE's Today Show

1.15pm - 2.00pm

## COOKERY DEMONSTRATION

by Cavan's own Award Winning  
Chef Neven Maguire,  
MacNean House & Restaurant

2.15pm - 3pm

## COOKERY DEMONSTRATION

by Fergus Murphy, Murph's  
Bistro, The Derragarra Inn

3.15pm - 4pm

## COOKERY DEMONSTRATION

by Brian McDermott  
No Salt Chef and RTE's Today Show

4.15pm - 5pm

## COOKERY DEMONSTRATION

by Gearoid Lynch,  
The Olde Post Inn

5.30pm - 7pm

## COOKERY DEMONSTRATION

by Chef Neven Maguire, MacNean  
House & Restaurant and  
Máire Dufficy, Bord Bia

7.30pm - 8.30pm

## COOKERY DEMONSTRATION

by Chef and Restaurateur  
Clodagh McKenna, Clodagh's  
Kitchen, Arnott's and Blackrock

8.30pm - 9pm

## AWARDS

For Best New Products and  
Best Stand

9pm

Event Closed

*Cooking Demonstrations*

*\* spaces limited*



For more information  
visit: [www.thisiscavan.ie](http://www.thisiscavan.ie)



Brian McDermott



Clodagh McKenna



# WE'VE GOT GREAT TASTE

Máire Dufficy



Neven Maguire



# SATURDAY 9TH AUGUST

Our passion for food runs deep

10am - 6pm

## VENUE

Food Marquee, Cavan Institute,  
Cathedral Road, Cavan

10am

## OPENING

MC's Darragh McCullough  
RTE's Ear to the Ground  
& Brian McDermott  
No Salt Chef and RTE's Today Show

10.30am - 11.15am

## COOKERY DEMONSTRATION

by Cavan Chef Adrian Martin  
Associated Craft Butchers of Ireland  
with expert meat buying, preparation,  
storing & cooking tips

11.30am - 12.30pm

## LIFE'S A PICNIC

a selection of fun, adult & child friendly  
Summer treats ideal for the picnic  
season by Chef Shane Smith from  
Fallon & Byrne Restaurant, Dublin

12.45pm - 1.45pm

## THE GLUTEN FREE STORY

Chef Gearoid Lynch, The Olde Post Inn  
tells his story about living with gluten  
intolerance and gives cookery tips on  
Gluten Free cooking with expert advice  
from Donal McGoldrick, Dietician

2.15pm - 3.15pm

## COOKERY DEMONSTRATION

by Chef Rachel Allen  
Ballymaloe Cookery School, Cork

3.45pm - 4.45pm

## COOKERY DEMONSTRATION

by Richard Corrigan  
Chef & Proprietor of Virginia Park Lodge

5.00pm - 6.00pm

## COOKERY DEMONSTRATION

by Chef Rachel Allen  
Ballymaloe Cookery School, Cork

6pm

Event Closed

*Cooking Demonstrations*

*\* spaces limited*



For more information  
visit: [www.thisiscavan.ie](http://www.thisiscavan.ie)



*Richard Corrigan*



*Rachel Allen*



# FOOD GLORIOUS FOOD



*Gearoid Lynch*



*Fergus Murphy*

## WORKSHOPS

Cavan Institute, Cathedral Road, Cavan

\*Booking essential



Shane Smith



Adrian Martin

### FRIDAY 8TH AND SATURDAY 9TH AUGUST 2014

**BEAR ESSENTIALS - BUILD YOUR OWN  
BEAR/ANIMAL WORKSHOP FOR  
CHILDREN & ADULTS** - Cost €15

\*Bookings: info@beaessentials.ie or  
Anke @ 087 7610537

### FRIDAY 8TH AUGUST 2014

2pm - 3pm & 4pm - 5pm

**BRING YOUR CAKE AND DECORATE IT  
WORKSHOP BY CHEF SHANE SMITH** - Free

\*Bookings: mmcdermott@cavancoco.ie  
or 049 4378627

### FRIDAY 8TH & SATURDAY 9TH AUGUST 2014

**NYAH TRADITIONAL IRISH SHARED  
CULTURES YOUTH/CHILDREN'S  
INSTRUMENTAL, SONG & DANCE  
WORKSHOP** - Free

\*Bookings: cavanmusiclive@gmail.com or  
text Martin @ 086 2342270

### CRAFT BUTCHERS ASSOCIATION WORKSHOPS

- Ongoing - Free

Chef Adrian Martin marrying culinary  
& butchering skills. Adrian will  
demonstrate traditional craft butcher  
methods from the WW1 period

We believe in local

**SuperValu**  
Real Food. Real People

## The Taste of Cavan 2014 is proudly supported by SuperValu

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retailers in Cavan and some of the suppliers  
that produce our SuperValu Range

